

Eric B. Tedstrom, LCSW, LLC

Individual, Family and Group Counseling

WELCOME

Thank you for choosing Eric B. Tedstrom, LCSW, LLC for your mental health concerns. Beginning the counseling process is a major decision and this form is designed to help you get to know the practice and understand the policies and legal issues involved.

INFORMED CONSENT and DISCLOSURE STATEMENT

Mr. Tedstrom has been in the mental health field for almost 20 years. He has been in a private practice setting since 1998 and began Eric B. Tedstrom, LCSW, LLC, in 2005. Eric graduated from the University of Denver in 1992, receiving a Master of Social Work degree with an emphasis in Children, Youth and Family. For his undergraduate degree in Psychology, he attended the University of Colorado, graduating with general honors in 1987. He is a Licensed Clinical Social Worker in the State of Colorado (LCSW, 991729) and also maintains a Professional Services License (0302964) from the Colorado Department of Education.

Eric uses an eclectic approach to counseling, with an emphasis on cognitive-behavioral methods. He also utilizes experiential techniques such as games, art and problem solving activities in order to increase learning potential. Eric is a Christian and utilizes a Biblically-based approach when requested or agreed upon by you. As part of the therapeutic process, Eric will discuss with you the length of therapy recommended, as well as any other questions you have about methodology and treatment in general.

There are no guarantees in the process of counseling. As your therapist, Eric will not make any claims to specific outcomes during this process, but all attempts will be made to reach mutually agreed upon goals. You have the right to terminate treatment at any time or seek a second opinion. Should you not be able to resolve an issue or problem with Eric, you have the right to file a complaint with the Colorado Department of Regulatory Agencies at 303-894-7766.

Individual, family and group sessions are approximately 50 minutes unless otherwise stated. Missed appointments with less than 24-hour notice will be charged at the regular session rate (group policies may differ, please refer to the group policies for information on cancellations). Longer sessions or special meetings at which you request your therapist's attendance will be prorated according to the individual session rate and may include travel time or a surcharge for court appearances. Likewise, if you request a special written report, this will be prorated at the individual session rate. Meetings and special reports are typically not paid for by insurance companies.

Telephone calls will be returned as promptly as possible. Telephone consultations lasting more than 10 minutes may be charged and prorated at the regular session rate (also not typically paid by insurance). If you have a clinical emergency involving imminent danger to yourself or someone else, you should call 9-1-1 and request immediate assistance. You may call and page Eric, or a designated on-call therapist who will be identified on Eric's voicemail, in order to resolve an urgent matter at any time. For other concerns and issues regarding appointments and scheduling, please leave a message and your call will be returned as soon as possible.

Eric B. Tedstrom, LCSW, LLC

Individual, Family and Group Counseling

Generally speaking, the information provided by and to a client during therapy sessions is legally confidential. There are exceptions to the general rule of legal confidentiality, some of which are listed in the Colorado Revised Statutes 12-43-218. There are other issues and exceptions that may be identified to you as the situation arises during therapy. Examples of such exceptions are when the client or someone disclosed by the client is an imminent danger to self or others, or when there is suspected child abuse or neglect. Such disclosures are reported to appropriate authorities as required by Colorado law. Rules regarding minors under 18 are also slightly different and will be discussed with you as appropriate.

Certain limited information may be released to insurance companies without a signed release, including diagnosis and dates of service. Demographic and financial information may be released to a collection agency in the case of any unpaid balance. Office staff performing bookkeeping or billing processes will have access to relevant information for that specific function and will not have access to clinical information. Any other release of information will only occur with your written consent. When possible and relevant, and with your consent, attempts will be made to coordinate your treatment with primary care doctors, prescribing physicians, school personnel or other pertinent parties.

Eric B. Tedstrom, LCSW, LLC will use the information provided on the client information form as contact information. Should you prefer a certain method of contact, please note it on the form. Should you prefer not to be contacted a certain way (e.g., by email), please do not include such information on the information form.

You should know that in any professional relationship, sexual intimacy, touch and/or harassment are not appropriate and should be reported to the Department of Regulatory Agencies and/or local law enforcement.

Payment is due at time of service, whether this is the full session amount, a co-payment or co-insurance. Please see the financial agreement for elaboration of financial policies.

AGREEMENT

By signing below, I acknowledge that I have been informed of my therapist's degrees, credentials and licenses. I also acknowledge that I have read the preceding information and understand my rights as a client. In the event that I am seeking services for a child, I also hereby attest that I have the authority to consent for such services for said child.

Date:	
Name of Client:	
Signature of Client:	
For minor client, Name of Parent/Guardian:	
For minor client, Signature of Parent/Guardian:	
Signature of Therapist:	